

RESET WEEK 1 “RESETTING OUR PERSONAL LIFE” CONTINUED

– PATRICK WALTON / 1.14.2018

Matthew 22:37-39

INTRODUCTION—*Tiger Woods, Terrell Davis and slow growth*

GROWING IN LOVE FOR GOD

Our growing in love for God is more about growing in God’s love for us—His passion for you, will by the key to awaken your passion for Him (**John 15:9; 1st John 4:10**)

Song of Songs 2:1-3 *“I am the rose of Sharon, and the lily of the valleys. Like a lily among the thorns, so is my love among the daughters. Like an apple tree among the trees of the woods, so is my beloved among the sons...”*

Song of Songs 8:5 *“Who is this coming up from the wilderness, leaning upon her beloved? I awakened you under the apple tree. There your mother brought you forth...”*

Here at IHOPNW our philosophy of growth in Christ is: CRAWL → WALK → RUN

The scriptures call us into five primary spiritual practices that our Christian life is built upon—these aren’t optional—these aren’t something you do to BE a Christ follower, but you do them because you ARE a Christ follower;

Prayer—**Matthew 6:6** *“But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place, and your Father who sees in secret will reward you openly.”*

Bible Reading—**Psalms 119:9-12** *“How can a young man keep cleanse his way? By taking heed according to Your word. With my whole heart I have sought You; Oh let me not wander from Your commandments! Your word I have hidden in my heart, that I might not sin against You. Blessed are You, O Lord! Teach me Your statutes...”*

Fasting—**Matthew 6:17-18** *“But you, when you fast, anoint your head and wash your face, so that you don’t appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.”*

Giving—**Matthew 6:3-4** *“But when you do a charitable deed, do not let your left hand know what your right hand is doing, that your charitable deed may be in secret; and your Father who sees in secret will Himself reward you openly.”*

Serving—**Colossians 3:23-25** *“And whatever you do, do it heartily, as to the Lord and not to men, knowing that from the Lord you will receive the reward of your inheritance; for you serve the Lord Christ. But he who does wrong will be repaid for what he has done, and there is no partiality.”*

International House of Prayer Northwest

www.ihopnw.org

RESET WEEK 1 "RESETTING OUR PERSONAL LIFE" CONTINUED

- PATRICK WALTON / 1.14.2018

Page 2

PRACTICAL STEPS TO WALK IT OUT

Prayer

- (1) Set a time
- (2) Prioritize it
- (3) Don't evaluate it day to day
- (4) Press delete if you skip it or forget it
- (5) Follow the Spirit as He leads
- (5) Create a list

Bible Reading

- (1) Adopt a reading plan
- (2) Lay your hands of the pages (device) before you read
- (3) Preselect how much you're going to read and stick to it
- (4) Have a pen in hand and something to write on
- (5) Be creative if you have to, to get the Word into you (audio)

Fasting

- (1) Pick a day(s)
- (2) Make reminders in your calendar
- (3) Don't tell anyone
- (4) If you break it, press delete and start again
- (5) Ask for help God's grace to fast on non-fasting days (HELP)

Giving

- (1) Get started
- (2) Don't look back
- (3) Be cheerful and also a *little fearful*

Serving

- (1) Get started somewhere
- (2) Think, *what I'm apart of is more important than the part I play*
- (3) Be a team-player
- (4) Come early, stay late

International House of Prayer Northwest

www.ihopnw.org